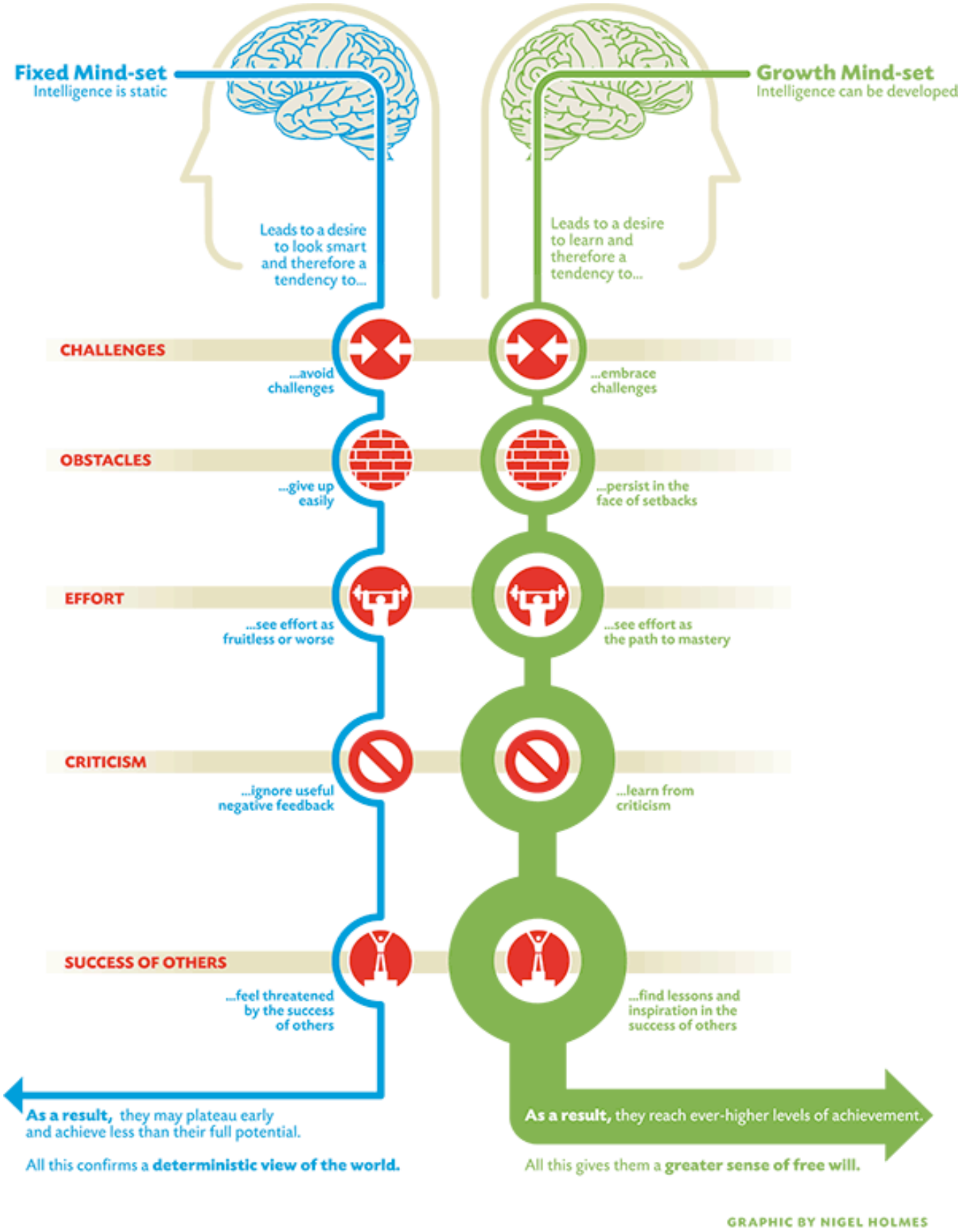Fixed Mindset vs. Growth Mindset